

Trubitskaya Lyudmila Alexandrovna

Senior teacher, associated professor (docent) of social sciences, Candidate Master of Sports in rhythmic-sportive gymnastics.

Contact details:

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Professional experience:

Eurasian National University named after L.N. Gumilyov since 1986 – up to now – senior lecturer of PE and Sport Department. Total experience - 30 years.

Rewards:

certificates for educationalmethodical and mass-sport work, signed by the dean of faculty, rector.

Scientific degree, scientific school:

Associated professor (docent) of social sciences

Research interests:

Natural-scientific, psychology-pedagogical knowledge of PE and Sport, problems of physical development of students and professional preparedness.

Research grants:

Courses:

Publications(selected):

Just published 61 scientific papers.

- 1. Methods of physical education classes in high school (UMK 3 year semester 5). Educational handbook. Astana: Publisher ENU named after Gumilyov L. N., 2010.
- 2. Educational-methodical complex on discipline" Physical Education "(basic education department) 2 course 3 semester. Educational handbook. Astana: Publisher ENU named after Gumilyov L. N., 2010.
- 3. Portfolio Improving the technical elements in the gymnastics using the method «Stretching». Periodic collection «Catalogue portfolio» supplement to the journal «Bilim berudegi» management in education. Almaty, 2014, №4
- 4. An innovative approach to the educational process in the Eurasian National University, ENU. Materials of the international scientific-practical conference. Uralsk 2014.
- 5. Using of information and communication technologies in the educational process of phisical training at university. Materials of the international scientific-practical conference. Krasnodar, 2014.
- 6. Interactive educational technology as an opportunity to innovative approach to the organization of educational process at physical training in high school." Bulletin of ENU. L.N. Gumilyov 2014.
- 7. An ability to personal self-development self-actualization and self-improvement as a criteria of effectiveness and successfulness of educational process in university. Materials of the international scientific-practical conference. Moscow 2014.
- 8. Interactive teaching methods as a way to instrumental management of educational process in the preparation of the future experts in physical training. Center of the Bologna Process «Higher School of Kazakhstan», 2014.
- 9. Independent work of students at physical education in high school. Educational handbook. Astana: Publisher ENU named after Gumilyov L.N., 2015.
- 10. Educational-methodical complex of discipline «Physical training» for students of 1 course of basic training department. Educational handbook. Astana: Publisher ENU named after Gumilyov L.N., 2015.
- 11. Modern approach to the control and evaluation of sports disciplines "Handball with teaching methods". Materials of the international scientific-practical conference. Astana, 2016.
- 12. Optimization of the sports component of the image of Kazakhstan in the international community. Materials of the international scientific-practical conference. Moscow, 2017.
- 13. Increasing the level of social adaptation and formation of a healthy lifestyle of a student through the activities of the L.N.Gumilev ENU Sports Club. Materials of the II International Scientific and Practical Conference. Tula, 2018.
- 14. The system of financing and allocation of budget funds for the development of

- sports in Kazakhstan. The journal Science among Us, Magnitogorsk, 2018.
- 15. Personal development education as a way to high-quality professional training of students of the L.N.Gumilev Eurasian National University. Journal of Problems of Pedagogy, Moscow, 2018.
- 16. The formation of interpersonal relationships in student groups as one of the factors of training future specialists. Bulletin of the EGI, 2019.
- 17. Development of communicative abilities through the organization of students' activities in physical education classes. Bulletin of the EGI, 2019.
- 18. Inverted classroom as a model of mixed learning in physical education classes at the university. Materials of the International Scientific and Practical Conference. Donetsk, 2021.

Further training, internships:

- 1. 7-21 June 2004y Course of Kazakh language (elementary) at ENU after L.N.Gumilev, certificate №40;
- 2. 3.12.07-20.02.08y Course of Kazakh language (improvement) at ENU after L.N.Gumilev, certificate N 372;
- 3. 14 -27 of April 2005y courses of qualification promotion in National scientific-practical centre of PE, the specialty «PE and sport», total quantity 72 hours, certificate № 1249;
- 4. 25 of May 06 of June 2009y courses of qualification promotion in National scientific-practical centre of PE, the specialty «PE and sport», total quantity 72 hours, certificate №2618;
- 5. English courses in Educational center «Parasat» 10.12.2011 15.03.2012y. (Elementary Level);
- 6. Computer courses 01.02-13.02.2012y. certificate № 001579;
- 7. Training courses at the National Scientific and Practical Centre of Physical Education in the specialty «Physical culture and sport» 72 hours 27.02-10.03.2012y, certificate №3717;
- 8. Courses "Application of information technology in physical education of students" 72 hours in the center of innovative technologies named after Professor O. Syzdykova 7.01.-17.01.2013 y. certificate № 37080-1901-F-d MJ RK №12;
- 9. Training courses for teachers in the branch of JSC NTSPK "ORLEU" Republican Institute for Management and the academic staff of the education system of Kazakhstan in the amount of 240 hours 28.10 09.11.2013y, certificate №0126045; 10. Training courses at the National Scientific and Practical Centre of Physical
- Education in the specialty "Physical culture and sport" 72 hours 05 -14 November 2015y, certificate №0248;
- 11. English language courses in the language school of the Manhattan Translators' Association from January 25, 2017 in the volume of 96 hours. (Pre-intermediate level), certificate No. 000552;
- 12. Advanced training courses in shaping technologies in the volume of 72 hours. 12/15/2016 01/01/2017, Certificate No. 0426;
- 13. Advanced training courses on shaping technologies 1.10.2017 11/30/2017, 72 hours, certificate No. 0441;
- 14. Advanced training courses English language courses, January 2018 February 2018, 72 hours, certificate No. 000724;
- 15. Advanced training courses "Application of innovative technologies in the football training process" November 12-26, 2018 72 hours, certificate No. 78;
- 16. Advanced training courses "Therapeutic physical culture and health-saving technologies" April 15-27, 2019 72 hours, certificate No. 02-14-15/61;
- 17. Advanced training courses "Digital skills of a modern teacher in the conditions of distance learning" 72 hours 10.11.2020 07.12.2020, certificate No. 02-11-18/929;
- 18. International online internship "University 4.0. Digital transformation of universities" in the amount of 72 hours 07.04.2021 22.04.2021, certificate No. 00433:
- 19. International online internship "Pedagogical education of the 21st century: new challenges and solutions" in the amount of 72 hours. 11/10/2021 12/01/2021, certificate No. 00898: