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Scientific degree, scientific school:

Almaty Medical Institute. Specialty-pediatr. 1992.

KazNMU. Almaty city. Department of Pathophysiology. 2008

Scientific interests: biomedical direction in sport.

Reading Courses:

1. "Human Anatomy" Kaz / Russ.
2. human anatomy with the basics of Sports morphology".
2. "physiology of age characteristics and school hygiene".
3. "fundamentals of sports massage"
4. "Medical and biological foundations of physical therapy"
5. "Sports Medicine"
6. "physiological foundations of Sports and Physical Culture"

Publications (selected):

A total of 15 scientific papers and 5 and 2 teaching aids have been published.

1. The level of impact of physical certificates on the child's body. Scientific journal of S. Toraigyrov Pavlodar State University. No. 1. 2015.

2. Graphic culture development in specialists in the field of technical sciences. Desarrollo de la cultura gráfica en especialistas en el campo de las ciencias técnicas. 4; Ryszhan TASPOLATOVA. Received: 30/09/2017 • Approved: 05/10/2017

3. the effectiveness of using new innovative technologies in order to form a healthy lifestyle for school-age children. XIII international scientific and practical conference. "Innovative technologies in transport: education; science; experience". Almaty: Kazakh Academy of transport and Communications named after M. Tynyshbayev, 2018. - 2nd ed., P. 404.

4. features of applying innovative methods of conducting physical education classes in general education schools. Republican scientific and Practical Conference "New quality of education in the conditions of the Fourth Industrial Revolution" Astana. 31 October 2018.

5. Actual problems of national games in the introduction of the educational process of general schools of the subject physical culture. (SCIENCE AND LIFE OF KAZAKHSTAN". 27.03.2019

Further training, internships:

1. 29.09.2014g. "Major international ISO9001: 2008, the procedure for documentation of quality management system."

Kazakhstan quality organization

2. 05.11.-14.11. 2015g- Refresher courses at the National Scientific and Practical Centre of Physical Education in the specialty "Physical culture and sport" 72 hours

3. 01.10-27.10.2018 Joint Stock Company "National Center for advanced training "Orleu" of the Ministry of Education and Science of the Republic of Kazakhstan course "modern pedagogical technologies in higher educational institutions in the context of updated educational content".

4. 15.04 - 27.04.2019. The course "Therapeutic physical culture and health-saving technologies". ENU.

5. 10.11-07.12.2020 The course of advanced training and additional education of L.N.Gumilev ENU on the topic: "Digital skills of a modern teacher in the conditions of distance learning" in the volume of 72 hours.

6. International online internship "Pedagogical education of the 21st century: new challenges and solutions". Belarusian State Pedagogical University named after Maxim Tank. November 10 - December 1, 2021, 72 hours