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*c Senior Lecturer, Department of Physical Culture and Sports, Eurasian National University named after L.N. Gumilyova , Master of Pedagogical Sciences in EP 6M010800- Physical culture and sports*  
**Sports title** - CCM of the USSR in artistic gymnastics

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**Professional experience:**

Since September 2020 - Senior Lecturer of the Department of FCS of ENU named after L.N. Gumilyov;  
 2019 – 2020 - teacher of physical education of the State Enterprise "Humanitarian College" of the akimat Nur -Sultan city;  
 2019 - 2020 - Instructor of exercise therapy ( additional services )  
 GKKP "Nursery - garden No. 54  
 " Nur-ay " akimat cities Nur -Sultan;  
 2018-2020 - master student of the specialty 6M010800-physical culture and sports of ENU named after L.N. Gumilyov ;  
 2008 г. - 2018 - Senior Lecturer of the Department of Physical Culture and Sports of the ENU named after L. Gumilyov ;  
 2001 – 2008 - Lecturer of the Department of Physical Education of L. Gumilyov Eurasian National University ;  
 1991-2001-coach - teacher in gymnastics SDUSSH Akmola .

**Scientific degree, scientific school:**

Akmola State Pedagogical University named after S.Seifullin , 1991-1995

**Publications (selected):**

In total, more than 30 scientific papers have been published.

**Educational, teaching aids:**

1. Adaptive physical culture and sports. Tutorial. Nur -Sultan 2019. - 408 p. ISBN 978-601-7596-03-3
2. Beyimdik dene shynyktiru Zhane sport. Oku kuraly . NMS, Nur -Sultan 2019. - 408s. ISBN 978-601-7596-05-7
3. Physical culture and sports program on goalball for children with visual impairment. Teaching aid. Nur -Sultan 2019. -115p. ISBN 978-601-80785-3-8
4. An inclusive program of adaptive and corrective dance gymnastics ( choreography ) for children with special educational needs. Teaching aid. Nur -Sultan 2019. - 101p. ISBN 978-601-80785-4-5
5. An inclusive adaptive karate program for children with special educational needs and children without developmental disabilities. Teaching aid. Nur -Sultan 2019. - 101 pages. ISBN 978-601-80785-1-4
6. Physical culture and sports program for swimming for children with disorders of the musculoskeletal system. Teaching aid. Nur -Sultan 2019. - 160p. ISBN 978-601-80785-0-7
7. Physical culture and sports swimming program for children with visual impairments. Teaching aid. Nur -Sultan 2019. - 132 pages. ISBN 978-601-80785-5-2
8. Physical culture and sports program for the game of boccia for children with disorders of the musculoskeletal system. Teaching aid. Nur -Sultan 2019. - 108p. ISBN 978-601-80785-2-1
9. Physical culture. Methodical course: teaching aid - Almaty: Evero , 2016-104 p. ISBN 978-601-240-788-4

**Publications in foreign journals (RSCI, etc.):**

1. "Tibetan hormonal gymnastics as one of the effective means of improving the body of students of special medical groups" in the scientific and methodological journal "Physical education in Siberia" No. 1 (39), Omsk , 2018. - P.7-10.

**Publications in the journals of the Republic of Kazakhstan included in the list of KKSON MES RK:**

1. "Ways to improve the efficiency of recovery in the classroom in the discipline" Gymnastics with teaching methods "scientific-theoretical journal" Theory and Methods of Physical Culture, Almaty , No. 4 (62) 2020. S. - 145-151.
2. "Application of corrective exercises and their significance at the sports and health-improving stage of training young goalball players " scientific and theoretical journal "Theory and Methods of Physical Culture, Almaty , No. 4 (58) 2019. S. - 131-136.
3. "Formation of personal physical culture of children through new forms of organization of physical education in institutions Education" in the International Popular Science Journal "Science and Life of Kazakhstan" No. 1 (35) 2016. - P.236-238.

**Publications in journals of the Republic of Kazakhstan that are not included in the list of KKSON MES RK, scientific publications in the collections of conferences held in the Republic of Kazakhstan:**

1. "Modern educational technologies in gymnastics for bachelors of the specialty "Physical culture and sport" materials of the XII International scientific and practical conference "SCIENCE AND EDUCATION IN THE MODERN WORLD: CHALLENGES OF THE 21st century", Nur -Sultan, 2020. - P. 85-89
2. "Some ways to solve distance learning in physical education at a university with students of special medical groups" collection "Distance education: new challenges on a global scale" Nur -Sultan, ENU, 2020. - P.339-343 .
3. "On the problems of professional competence of teachers of educational organizations in the field of adaptive physical culture in the Republic of Kazakhstan" materials of the I International scientific and practical conference "Adaptive physical culture and sports: current state and development prospects", Nur -Sultan, 2019. - P.49-53.

	<p>4. "Features of sports training of young goalball players at the sports and recreational stage" materials of the 1st International scientific and practical conference "Adaptive physical culture and sports: current state and development prospects", Nur -Sultan, 2019. - P.126- 130.</p> <p>5. "Problems of the development of adaptive physical culture in modern Kazakhstan society", collection of materials of the XIV International Scientific Conference of Students and Young Scientists "GYLYM JÁNE BILIM - 2019", Nur -Sultan, 2019. - P. - 3455-3459.</p> <p>6. "Actual issues of the development of adaptive physical culture for children with special educational needs" materials of the Republican scientific and practical conference of scientists and teachers "Innovations in education, physical culture and sports", dedicated to the 75th anniversary of the Kazakh Academy of Sports and Tourism and the year of youth , .Almaty , 2019. - S. 357-360.</p>
<p><b>Scientific interests:</b> physical education for students of the special medical department (SMO); physical culture as a means of prevention and treatment of certain diseases; theory and methodology of certain types of gymnastics; physical education of preschool children.</p> <p><b>Courses taught:</b> theoretical and methodological foundations of gymnastics at school; gymnastics with teaching methods; theory and methodology of the chosen sport; physical education in preschool educational institutions</p> <p><b>Awards, certificates and diplomas:</b> awarded with a diploma signed by the rector of the ENU named after L.N. Gumilyov E.B. Sydykov for conscientious work on the employment of graduates (2018, 2017); 2019 - winner of the competitions: "The best undergraduate of the Republic of Kazakhstan 2019" - I degree diploma from the National Research Center " Bi lim-orkenieti " ; Diploma of the Grand Prix of the International Pedagogical Competition "The Best Teacher 2019" in the nomination "The Best Pedagogical Research Project" LLP "International Academy of Education and Science", Nur -Sultan, 2019.</p> <p><b>Achievements:</b>2018-2019 - participation in the social project " Salamatty bolashak " from the Fund for the Development of Social Projects" Samruk-Kazyna Trust " as part of L. Gumilyov NIG L. Gumilyov National Research University as a junior researcher under a service agreement.</p>	<p>Scientific publications in scientific conferences, symposiums, seminars abroad:</p> <p>1. "Organizational and methodological solutions for the physical education of students with special educational needs" materials of the All-Russian scientific and practical conference with international participation "Actual problems of adaptive physical culture", Omsk , 2021. - P.145-151.</p> <p>2. "Problems of development of inclusive education in adaptive- corrective dance gymnastics in Kazakhstan" materials of the All-Russian scientific and practical conference with international participation "Actual problems of adaptive physical culture and sports", Omsk , 2019. - P.348-356.</p> <p>3. "Development and current state of the Paralympic movement in Kazakhstan" materials of the All-Russian scientific and practical conference with international participation " Innovation of physical culture and sports", Moscow , 2019. - P.48-53.</p> <p>4. "The use of Tibetan hormonal gymnastics in the educational process with students of special medical groups." Proceedings of the XV International Internet Conference : "Problems and prospects for the development of modern science in Europe and Asia." Collection of scientific works. Pereyaslav - Khmel'nitsky -2019 , pp. 134-136.</p> <p>5. " Health -saving aspects of physical education of students of special medical groups" materials of the All-Russian scientific and practical conference "Actual problems and prospects for the theory and practice of physical culture, sports, tourism and motor recreation in the modern world", Chelyabinsk , 2017. - P.82 - 86.</p> <p><b>Advanced training, internships:</b> - 2019 - completed a refresher course at the RSE on REM "Eurasian National University named after L.N. Gumilyov " on the topic: "Therapeutic physical culture and health -saving technologies", certificate No. 02-14-15 / 89 dated 04/30/2019; -2019 – scientific internship within the framework of studies at the magistracy, RSSU, Moscow ; -2019 - attended the seminar “Training of clients with problems of the hip joints. Coxarthrosis , dysplasia, aseptic necrosis, rehabilitation and training after total hip arthroplasty ”, Dr. Labunz Center ; -2017 - the category "Coach of the highest qualification level of the first category" was assigned, order No. 832 of the "Department of Physical Culture and Sports" of Astana ; -2017 - improved her qualifications at the State Enterprise "Republican Educational, Methodological and Analytical Center for Physical Culture and Sports" in the specialty: coach-teacher in gymnastics, certificate No. 5, registration No. 604-1901-02, Astana ; - 2016 - attended the course "Therapeutic massage, classical massage, can massage, honey massage, sports massage, anti-cellulite massage" at the "Leader-NS" Vocational Training Center LLP, certificate No. 6201, rMS-.Astana ;</p>