

Summary

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Professional experience: . 2010-2011. school No. 41 physical education teacher. Uralsk, 2011-2015г.г West Kazakhstan agrarian technical University Zhangerkhan them. teacher of physical culture and sports.г. Uralsk 2016-2017г.г school No. 71 physical education teacher. Astana city.с 2017 Until now – lecturer at the Department of Physical education, Faculty of social Sciences, L. N. Gumilyov Eurasian national University Rewards: Diplomas of the Rector Of the zhangerkhan wkatu prof. N. H. Sergaliev 2014.	Publications (favorites): Published scientific papers - Guidelines for drawing up a training program for novice powerlifters for all students. West Kazakhstan agrarian technical University Zhangerkhan them. Uralsk 2015. - Improving the strength and speed abilities of young football players through general and special physical training. L. N. Gumilyov Eurasian National University, Nur-Sultan 2020. - Fundamentals of improving the behavioral capabilities of students in the process of physical culture and sports activities. L. N. Gumilyov Eurasian National University, Nur-Sultan 2021. Professional development, internships: From April 02 to April 14, 2018, he completed advanced training at the Institute of advanced training and additional education of the L. N. Gumilyov ENU on the topic: "Development of professional competence of physical culture workers in the context of updating the educational program" in the volume of 72 academic hours. From April 15 to 27, 2019, he completed advanced training at the Institute of advanced training and additional education of the L. N. Gumilyov ENU on the topic: "Therapeutic physical culture and health-saving technologies" in the volume of 72 academic hours.