

 <p>Boranbaeva Dariga Zhumagalievna <i>Senior Lecturer Faculty Department of Physical Education and Sports of the Eurasian National University after L.N.Gumilev</i></p> <p>Contact details: e-mail: boranbaewa.d@yandex.ru tel.: 87015210534 ph.: 8- (7172) -709-500</p>	<p>Academic degree: Pedagogical Institute of Karagandy of Physical Education, Karagandy teacher of physical education, in 1985 Candidate Master of Sports. Judo 1991</p> <p>Scientific interests: innovative processes in area of pedagogy and psychology of physical education and sports</p> <p>Courses: Physical Education</p>
<p>Professional experience:</p> <p><i>Total length of service: 33 years and pedagogical experience, including 12 years HEE, 21 years in school and college.</i></p> <p>since 2009 until now – Senior Lecturer Faculty of Physical Education Social Sciences of the Eurasian National University, after L.N.Gumilyov</p> <p>since 2005 until 2009 – lecturer of Humanitarian College of Astana</p> <p>since 2001 until 2005- lecturer of physical upbringing in filial D. Kunayev university Astana city</p> <p>since 1999 until 2001 - lecturer of physical upbringing Humanitarian – economic lyceum of Astana</p> <p>since 1998 until 1999 - lecturer of physical upbringing Akmola Agrarian University</p> <p>since 1994 until 1998 - lecturer of physical upbringing Akmola Humanitarian College</p> <p>since 1986 until 1994 - lecturer of physical upbringing Atbasar Medical college</p> <p>since 1985 until 1986 - lecturer of physical upbringing Letovochnaya High School</p> <p>Honors: Charters from the rector of ENU, after L.N.Gumilyov, prof. E.B.Sydykov in 2014 Charters from the rector of ENU, after L.N.Gumilyov, prof. E.B.Sydykov in</p>	<p>Publications:</p> <ul style="list-style-type: none"> -Total published 21 scientific works, including 1 electronic book end manual book. - Some aspects of improving higher education. Journal of physical Culture and Sports. Scientific theory journal: Modern problems of physical Artistic sport: a collection of scientific papers of the international scientific practical conference. Bishkek 2012 p.72-76 -Electronic Textbook "Volleyball" .- Astana. 2014. Certificate of state registration of rights to the object of copyright. №2241. Deputy Minister B.Abdaraymov.IS 000,398. - Influence of sports physical activities on a regular basis - the adaptive capacity of the cardio - vascular system of student athletes. Proceedings of the international conference "Current issues in scientific research and educational activities" April 30, 2014., P .68-70, g.Tombov (Russia). - Kinesis-teip takes optional effective method of treatment of injuries and illnesses in athletes. Proceedings of the international conference "Current issues in scientific research and educational activities" April 30, 2014., Str.68-70, g.Tombov (Russia). - Portfolio. Periodic collection of "Product portfolio" - supplement to the journal "Bilim berudegi management - Management in Education." -Astana. 125c. - Use of innovative technologies on the lessons of physical culture. Scientific and Methodological and Pedagogical Journal "Ziyatker" Astana.-2015.-number 02 (06). - S.26-28. - Some questions of health of students // Scientific Methodological and Pedagogical Journal "Ziyatker" Astana.-2015.-number 01 (05). - S.16-17. - The elements of martial arts in therapeutic physical training ../talk-to-ENT.net.№20547 // http: //talk-to-ent/load/244-1-0-20547.-Astana.-2016g. - Medical physical culture // Manual book. Almaty 2017 yeas - Messenger. Theory and methodology of physical culture and sports. Almaty 2018 P.92-96. №2(52). ISSN 2306-5540 - International popular-science journal. 2018 P. 99-106 №3 (58) - XXII International scientific congress «Olympic sport and sport for all» Tbilisi 2018 P. 607-612 - Kazakh science and life №3 (58) 30 April 2018 ISSN 2073-333X. P.112-115 - Medical physical culture // Manual book. Almaty 2019 yeas. - Yezhemesyachnyy nauchnyy zhurnal № 11 (92)/2021 tom 5 DOI: 10.31618/ESU.2413-9335.2021.5.921537. «Osobennosti natsional'nykh kazakhskikh igr» str.15

<p>2016. Certificate of Honor of the Minister of Education and Science of the Republic of Kazakhstan A.Aimagambetov dated 14.12.2020</p>	<p>Further training and traineeships:</p> <ul style="list-style-type: none"> -Course Training in the State Enterprise "National Scientific and Practical Centre of Physical Culture" 72h. G.Almaty.2012g., - "Training of teachers of pedagogical specialties of high schools of the Republic of Kazakhstan (240 hours)." "NTSPK" leading and "Republican intitut for Management and the academic staff of the Republic of Kazakhstan education system." (240 hours). .Almaty.2013y. -Course Training in the State Enterprise "National Scientific and Practical Centre of Physical Culture" 72h. G.Astana2015y. - -Course Training in the Eurasian National University, after L.N.Gumilyov «Medical physical culture and health-saving technologies» 72h Nur—Sultan 2019y. - Advanced training course at the Institute of Advanced Training and Additional Education of the L. N. Gumilyov ENU on the topic: "Digital skills of a modern teacher in the context of distance learning" in the amount of 72 academic hours. the city of Nur-Sultan 2020. - «Pedagogical education of the 21 st century: now challenges and solutions» Belarus, Minsk city. 10 november – 1 december 2021 year. SKLAD educational onlane platform, in the amount of 72 hours, certificate.
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