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Professional experience:

1991-1992 Teacher of physics at the secondary school named after Zh. Zhabaev in Tulkubass district of South Kazakhstan region;

1993-1996 - teacher of the Department "Labor Training", Shymkent Pedagogical Institute;

1997-2007 - Senior lecturer of the Department "Pedagogy and methods of teaching in primary classes" South Kazakhstan University named after M.O. Aueyzov ;

2007-2014 Associate Professor of the Department of "Psychology" of the University "Turan-Astana"

From 2014 to the present -

Associate Professor of the Department "Physical Culture and Sport" of the Eurasian National University named after L.N.Gumilev.

Scientific degree, scientific school:

Candidate of Pedagogical Sciences, specialty - 13.00.01 - general pedagogy, history of pedagogy and ethnopedagogy 2007.

Scientific interests:

Modern innovative pedagogical and psychological methods for teachers of secondary education in working with children and parents.

Courses taught:

Pedagogy of physical culture and sports, Pedagogical psychology, Psychology of physical culture and sports, History of physical culture and sports, Information technologies of physical culture and sports.

Publications (favorites):

There are 180 scientific papers in total, including 3 monographs, 3 textbooks, 1 textbook, 1 textbook stamped by the Ministry of Education and Science of the Republic of Kazakhstan. "Formation and development of basic abilities of the individual during the student period", Nur-Sultan. Monograph, 2019. "Pedagogy of physical culture and sports". Textbook, 2021 "Psychology of communication in sports. Study guide. 2022

Publications in journals recommended by the Committee for Control of Education and Science of the MES of Kazakhstan:

- "Current problems and prospects of student sports in higher educational institutions", international scientific and popular magazine" Science and life of Kazakhstan " -Astana. - 2019.
- "Application of adaptive and health-improving methods in physical education lessons". Bulletin of the Eurasian humanitarian Institute. Scientific journal No. 1.2019.
- "Transformation of education in accordance with modern requirements through the prism of the article of elbasy N. Nazarbayev" seven facets of the Great Steppe", Bulletin of the Eurasian humanitarian Institute. Scientific journal No. 1.2020.

Articles with impact factor

- The problem of abilities as psychological properties of the personality: ontological aspect. LIFE SCIENCE JOURNAL –act Zhengzhou University overseas edition 2014.
- «Problem and cognitive education as a form of innovative pedagogic technology» LIFE SCIENCE JOURNAL, 2014ж.
- «Gnoseological Aspect of Cross-Cultural Communication», Mediterranean Journal of Social-Sciences MCSER Publishing, Rome-Italy, 2015.
- «Graphic culture development in specialists in the field of technical sciences» Espacios. Vol. 38(№48). Page 28. ISSN 0798 1015 Year 2017
- «Collective Learning Method» DOI: 10.47750/.12.02.013 ISSN 1989 – 9572 jett.2021

Further training, internships:

2016. - Study Innovation International Seminar "Kazakhstan and universities in the international educational arena: the growth points

2021- Pedagogical education of the 21st century: new challenges and solutions

2021 - "University 4.0. Digital transformation"